

Explanatory sheet for the patient for the designation of a trusted person

Dear Sir, Madam,

You are or will soon be hospitalized in our establishment.
The law of March 2002 allows you to appoint a trusted person.
This is a right is offered to you, but it is not an obligation : you are free not to designate one.

This nominated person is freely chosen by you, and is an adult whom you trust and who agrees to take on this mission. It is important that you discuss your choices and wishes with this person so that he or she can be your spokesperson when the time comes. This can be your spouse, one of your children, a parent, a friend, a relative, or your GP, or any other person.

Depending on your wishes, your nominated person can :

- ✓ Accompany you in all your dealings with the hospital.
- ✓ Attend medical meetings to help you in your decisions.

The trusted person can also be consulted by the doctor if your state of health does not allow you to express your wishes yourself and to receive information.

It is recommended that you give him or her your advance directives if you have drawn them up. These are your wishes expressed in writing, on the treatments you want or do not want, if one day you can no longer express yourself.

Important :

Under no circumstances will we authorize the trusted person to access your medical file without your presence.

How to designate the trusted person ?

- ❖ You must do so in writing.
- ❖ This designation is valid for the entire duration of your stay in hospital unless you choose otherwise. You will be asked for it for each stay.
- ❖ You can revoke this choice at any time.

Advice : *Don't forget to inform the chosen trusted person and make sure she/he agrees (document signature).*

Trusted/nominated person and person to be notified : when you enter the hospital you are asked to indicate the person to be notified in case of need (next of kin). This person to be notified may be different from the trusted person.